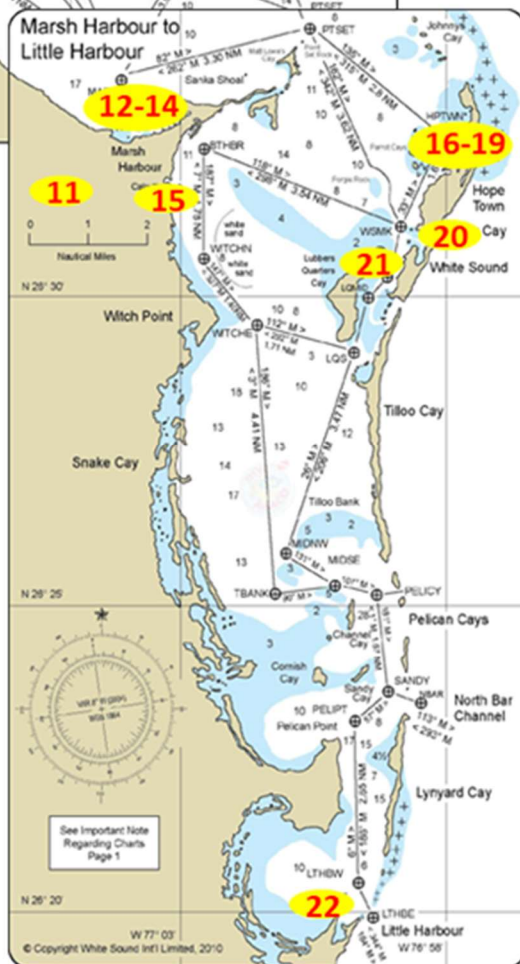


- 1 = Beach Happy
- 2 = Man-O-War Grocery
- 3 = Man-O-War Heritage Museum & Coffee Shop
- 4 = Dock-n-Dine (at Man-O-War Marina)
- 5 = Outsider's Grill
- 6 = Russell's
- 7 = MOW Eats WhatsApp Group
- 9 = Grabbers Bed, Bar & Grill
- 10 = Nippers Beach Bar & Grill
- 11 = Maxwell's Supermarket
- 12 = Snappas Bar & Grill
- 13 = Wally's Restaurant
- 14 = Colors By the Sea
- 15 = Anglers Restaurant & Bar
- 16 = Hope Town Inn & Marina
- 17 = Cap'n Jacks
- 18 = Firefly Sunset Resort
- 19 = On Da Beach Bar & Grill
- 20 = Abaco Inn
- 21 = Thirsty Cuda
- 22 = Pete's Pub & Gallery
- 23 = Green Turtle Cay



Dining Near Man-O-War Cay

1 = Beach Happy. Man-O-War Cay. Home! Sitting outside on the top deck, enjoying the view and sea breeze with good food and great friends, it doesn't get much better than this. No matter what's on the menu. But, in case you feel like venturing out for a meal once in a while, there are lots of other options...

2 = Man-O-War Grocery. The grocery store is well stocked with everything you need for cooking at home or packing a cooler. If you get there early enough, they often have pre-made lunch items (sandwiches, salads, hot dogs, etc.) and fresh-baked breads available.

3 = Man-O-War Heritage Museum & Coffee Shop. Man-O-War Cay. In addition to a full range of day-starting drinks, the coffee shop has wonderful breakfast dishes and pastries that will keep you coming back for more. Be sure to walk through the Heritage Museum while you're there for a fascinating look at Man-O-War's history.

<https://m.facebook.com/profile.php?id=458527064205255>

4 = Dock-n-Dine (at Man-O-War Marina). Man-O-War Cay. Located right on the water among the Marina's docks. Enjoy watching boats come and go in the Harbour without ever leaving your table. Lunch and dinner, as well as ice cream treats. Menu includes a wide range of favorites. Their seafood dishes are the best! The Marina gift shop next door has a wide range of Man-O-War branded gifts, as well as items made by local artists.

<https://www.facebook.com/people/Man-O-War-Marina-Village/100090702221315/>

5 = Outsider's Grill. Man-O-War Cay. Located in Eastern Harbour. Daily BBQ and grill specials, typically for take-out. Check the MOW Eats WhatsApp group chat to see their daily menu and when they will be open.

6 = Russell's. Man-O-War Cay. Open in the evenings, after the grocery store closes. They have some basic grocery and convenience items. They typically have a nightly dinner special, so check the MOW Eats WhatsApp group chat to see what's on the menu.

7 = MOW Eats WhatsApp Group. Man-O-War Cay. Ask to be added to this group chat before you visit. There are a lot of great chefs and bakers on the island. Almost every day, somebody different is offering a dinner special (ribs, seafood, etc.), taking orders for fresh bread, making ice cream, or baking desserts. Scan the QR code on the "Welcome to Man-O-War Eats" page within our book to be added to the WhatsApp group. Or ask our caretakers, Char and Glenn, to have you added.

9 = Grabbers Bed, Bar & Grill. Guana Cay. Our favorite restaurant on Guana Cay. A great place to enjoy live music with your toes in the sand. The bar and restaurant are co-located on a white sandy beach within a protected harbor. Menu features pizza, burgers, seafood, and more.

<https://grabbersatsunset.com/>

10 = Nippers Beach Bar & Grill. Guana Cay. Located on the top of a dune overlooking the ocean, the view is unbeatable. Better known as a beach bar than a restaurant, they have a limited (but tasty) grill menu. <https://www.nippersbar.com/>

11 = Maxwell's Supermarket. Marsh Harbour. By far the biggest grocery store in Abaco. If time permits, many visitors stop at Maxwell's on their way from the airport to the Man-O-War ferry. But be sure to bring some cooler bags if you're getting anything frozen or refrigerated.

<https://www.pricerightabaco.com/>

12 = Snappas Bar & Grill. Marsh Harbour. Directly on the water. Located within the Conch Inn & Marina (which is owned by Man-O-War locals). A fantastic menu for lunch or dinner.

Appetizers, salads, sandwiches, seafood, steaks, and more. <http://www.snappasbar.com/>

13 = Wally's Restaurant. Marsh Harbour. An Abaco institution since 1986. Weather permitting, sit outside overlooking the harbor. A great menu of traditional Caribbean, Bahamian, and seafood dishes, as well as terrific desserts. <https://www.facebook.com/wallysabaco/>

14 = Colors by the Sea. Marsh Harbour. A sports bar and restaurant right on the water. Great conch salad and conch fritters, as well as daily drink specials.

<https://www.facebook.com/colorsbythesea242/>

15 = Anglers Restaurant & Bar. Marsh Harbour. Located within Abaco Beach Resort and Boat Harbour Marina, which is by far the largest and fanciest marina in Abaco. Upscale dining in The Bistro or more casual fare in The Pool Bar & Terrace at Marinaville. Both offer a tasty mix of Bahamian, French, and seafood favorites. <https://abacobeachresort.com/dining/>

16 = Hope Town Inn & Marina. Elbow Cay. Located to your right, just after the lighthouse, as you enter Hope Town harbor. Bridget's Rum Bar serves breakfast, lunch, and dinner. Appetizers, burgers, seafood, steak, and more. Casual outdoor dining overlooking the harbor. Be sure to climb to the top of the lighthouse after your meal for a spectacular view of the Sea of Abaco. <https://www.hopetownmarina.com/menus>

17 = Cap'n Jacks. Elbow Cay. Located to your left, just as you enter Hope Town harbor. Homestyle Bahamian cooking, pub fare, and refreshing cocktails. They also run the liquor store across the street. <https://capnjackshopetown.com/>

18 = Firefly Sunset Resort. Elbow Cay. On the Sea of Abaco, at about the midpoint of Elbow Cay. Sit on the back deck overlooking the water. Salads, burgers, seafood, and more.

<https://fireflysunsetresort.com/>

19 = On Da Beach Bar & Grill. Elbow Cay. As the name implies, it's located "on da beach" side of Elbow Cay near the middle of the island, so you can't get there by boat. But it's a fun place to watch the waves, listen to live music, eat a sandwich, and enjoy a drink (if you figure out how to get there). <https://www.turtlehill.com/on-da-beach>

20 = Abaco Inn. Elbow Cay. Our favorite restaurant on Elbow Cay. Located on the narrowest part of Elbow Cay towards the south end of the island. Enjoy views of both the Atlantic Ocean and the Sea of Abaco without ever leaving your table. Breakfast, lunch, and dinner. Upscale dining in the dining room or more casual fare from the bar menu (our preference) on the outdoor porches. Their seafood dishes are the best! <https://www.abacoinn.com/>

21 = Thirsty Cuda. Elbow Cay. If you were going to write a book about owning a unique beach bar in the Bahamas, this would be your setting. The Cuda is a giant pontoon boat with a bar and a grill built into it. On weekends (and most weekdays in the summer), it motors down to Tahiti Beach, a sometimes-underwater sandbar at the south tip of Elbow Cay, and it sets up shop. Grab a drink and some sesame conch strips then plant yourself on the beach. <https://www.facebook.com/thirstycuda>

22 = Pete's Pub & Gallery. Little Harbour. Located just south of Sandy Cay (our favorite snorkeling spot in Abaco). This is as far south as you are typically allowed to take a rental boat. Sit with your toes in the sand while you enjoy tasty seafood meal and a drink from the pub. Then check out their gallery of bronze statues, sculpted on site. <http://www.petespub.com/>

23 = Green Turtle Cay. There are a few restaurants on Green Turtle. However, you typically are not permitted to take a rental boat this far north.